

VALLEYSTREAM PICKLEBALL CLUB

COVID-19 RULES 2021

(These rules will be relaxed or otherwise changed as soon as conditions allow)

****Updated 15th of June, 2021****

- You are responsible for observing all government health guidelines published by Federal Government, Province of Ontario, and City of Ottawa to keep yourself and others safe
- Stay home if you feel unwell, have a fever or cough, or any other symptoms of illness
- If you have any other concerns about being out in public or playing pickleball, stay home
- We are currently in Stage One of COVID-19 re-opening in Ontario
- **We have been advised by the City that doubles pickleball is now permitted. The City highly recommends that this occur with members of a single household.**
- You must follow all signage directions at the Club
- You must book online to access the courts (using Skedda)
- You will need to fill out the CanaTrace COVID-19 screening truthfully before playing on the day you have booked to play -- if you are not given a green light you may not proceed onto the courts

- It is highly recommended that you wear a mask except when actively engaged in pickleball play
- Bring your own water, balls, paddles and hand sanitizer
- Disinfect your equipment regularly
- Stay apart by at least 3 meters when playing and 2 meters when not playing (unless members of same household)
- You must promptly leave the courts at the end of your session
- No guests or visitors, non-members, drop-ins, or spectators are allowed in the facility
- The Clubhouse is closed
- The outdoor washroom is available and you will be required to clean and disinfect it after each use and lock it when you leave
- Please be aware that members' actions on and around the courts are captured on our two web-cams

Failure to abide by these rules could result in your membership being suspended and could result in the Club being shut down.

Recommendations

- If you develop COVID-19 and have played within the past 14 days, please notify the Board -- they will keep this information confidential but use it for tracking purposes
- Sanitize your hands before and after play and avoid touching your face with your hands
- Take all personal items (e.g. drinks, backpacks, sanitizer, sunscreen, sweaters) onto the courts with you such that you do not have to return to the Clubhouse area after the game
- Keep in mind that you may be returning to play after a long period of inactivity – adjust your play accordingly
- When returning a stray ball to another court, avoid using your hands, instead kick the ball back or use your paddle
- Instead of bumping fists or tapping paddle handles at the end of games, wave paddles at each other from a safe distance
- Be understanding and kind to others – this is a challenging time for everyone

ABOVE ALL – BE SAFE AND HAVE FUN!